



Sc.D., Nato Darchia, Professor at Ilia State University, Tbilisi, Georgia, graduated from Ivane Javakhishvili Tbilisi State University, Faculty of Biology. Nato Darchia obtained her PhD degree in “Human and Animal Physiology” under the supervision of Academician Tengiz Oniani, and the degree of Doctor of Sciences in “General Neurosciences” from the Georgian National Academy of Sciences. Dr. Darchia worked at the Beritashvili Institute of Physiology (now Ivane Beritashvili Center of Experimental Biomedicine), spent several months at the Gui de Chauliac Hospital, Montpellier, France and was a post-doctoral fellow at the University of California, Davis, USA. Professor Darchia’s research has been primarily focused on the basic mechanisms of sleep-wakefulness cycle, sleep and brain maturation, and sleep-health relationship. Professor Darchia has active collaboration with the University of California, Davis and University Hospital of Geneva. She is a recipient of several scientific awards and national and international research grants. Professor Darchia is the organizer of a number of international scientific meetings and schools for young scientists, concerning various aspects of modern Neurobiology. In 2017, Nato Darchia has been elected as a scholar of Georgian National Academy of Sciences.

Some of selected articles of Professor Darchia are:

The journey through the world of adolescent sleep. Darchia N, Cervena K.

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Sleep-wake patterns and sleep quality in urban Georgia. Sakhelashvili I, Eliozishvili M, Basishvili T, Datunashvili M, Oniani N, Cervena K, Darchia N. *Transl Neurosci*. 2016 Jul 22;7(1):62-70. doi: 10.1515/tnsci-2016-0010.

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Relationship between Sleep Disorders and Health Related Quality of Life-Results from the Georgia SOMNUS Study. Darchia N, Oniani N, Sakhelashvili I, Supatashvili M, Basishvili T, Eliozishvili M, Maisuradze L, Cervena K. *Int J Environ Res Public Health*. 2018 Jul 26;15(8). pii: E1588. doi: 10.3390/ijerph15081588.

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